**“THANK YOU, LORD!”**

**Psalm 107:1-16**

***Sermon Review***

*What was the Main Point of the Sermon from Sunday?*

*What part of the Sermon did you find to be the most beneficial?*

***SMALL GROUP LESSON***

1. What’s one instance of discipline that was particularly effective on you when you were a child?
2. What’s one instance of mercy that you remember being shown to you?

1. Why do judges sometimes grant mercy to defendants who have been found guilty of a crime?

**Psalm 107:1-16 (NLT2)**
1  Give thanks to the LORD, for he is good! His faithful love endures forever.
2  Has the LORD redeemed you? Then speak out! Tell others he has redeemed you from your enemies. 3  For he has gathered the exiles from many lands, from east and west, from north and south.
4  Some wandered in the wilderness, lost and homeless.
5  Hungry and thirsty, they nearly died.
6  “LORD, help!” they cried in their trouble, and he rescued them from their distress.
7  He led them straight to safety, to a city where they could live.
8  Let them praise the LORD for his great love and for the wonderful things he has done for them.
9  For he satisfies the thirsty and fills the hungry with good things.
10  Some sat in darkness and deepest gloom, imprisoned in iron chains of misery.
11  They rebelled against the words of God, scorning the counsel of the Most High.
12  That is why he broke them with hard labor; they fell, and no one was there to help them.
13  “LORD, help!” they cried in their trouble, and he saved them from their distress.
14  He led them from the darkness and deepest gloom; he snapped their chains.
15  Let them praise the LORD for his great love and for the wonderful things he has done for them.
16  For he broke down their prison gates of bronze; he cut apart their bars of iron.

***EXPLORE***

* + 1. How did the psalm writer want Israel to respond to God’s forgiveness and deliverance? ([107:1-3](http://www.crossbooks.com/verse.asp?ref=Ps+107%3A1-3), [8-9](http://www.crossbooks.com/verse.asp?ref=Ps+107%3A8-9), [15-16](http://www.crossbooks.com/verse.asp?ref=Ps+107%3A15-16))
		2. What exhortation does this psalm give to God’s people? ([107:1-2](http://www.crossbooks.com/verse.asp?ref=Ps+107%3A1-43))
		3. On what attributes of God does this psalm focus? ([107:1-9](http://www.crossbooks.com/verse.asp?ref=Ps+107%3A1-43))
		4. What punishment did Israel receive for her rebellion? ([107:10-12](http://www.crossbooks.com/verse.asp?ref=Ps+107%3A10-12))

* + 1. What major demonstrations of God’s deliverance does this psalm celebrate? ([107:10-16](http://www.crossbooks.com/verse.asp?ref=Ps+107%3A10-16))
		2. How did the Lord respond to Israel’s cry for relief from His discipline? ([107:13-16](http://www.crossbooks.com/verse.asp?ref=Ps+107%3A13-16))

***APPLY***

* 1. Not counting the Thanksgiving Holiday, when was the last time you really gave God “thanks”?
	2. Do you believe that your Gratitude towards God is on par with his Goodness toward you? Explain.
	3. What was the main weakness of the Israelites?
	4. How does God’s treatment of Israel (according to this text) encourage you to trust in Him?
	5. What does this psalm reveal to us about God’s character?
	6. When have you experienced God’s mercy?
	7. How can going through difficult experiences either strengthen or weaken a person’s faith in God?

**Additional Thoughts:**

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